



GEMBA Supplemental Retirement Plan MetLife® - Withdrawal Form

Solutions today for a secure financial tomorrow.

Please return this form to: GEBA, 6760 Alexander Bell Drive, Suite 100, Columbia, MD 21046.
Call us with questions at (301) 688-7912 or (800) 826-1126.

1. General Information

Member Name (First, Middle, Last)		Account type: <input type="checkbox"/> IRA <input type="checkbox"/> NQL
Social Security Number	GEBA Member Number	MetLife Asset Builder Contract Number

2. Withdrawal Election

Partial Withdrawal – Complete (a), (b), (c), or (d). Please send a check for:

(a) \$ _____ (specify an amount) (b) _____ percent of total value.

(c) The dollar amount(s) OR percentage(s) of the amount(s) in the account/division(s) specified below:

NOTE: For partial withdrawal types (a) through (c) above, the amount withdrawn from each account/division will bear the *same* proportion as the total amount withdrawn bears to the contract/certificate's total balance.

Withdrawal From:		% Percent	\$ Dollar
Conservative	MetLife Fixed Interest Account	%	\$
	Solomon Brothers U.S. Government	%	\$
Conservative to	PIMCO Total Return	%	\$
	Black Rock Bond Income	%	\$
	Lehman Brothers® Aggregate Bond Index	%	\$
Moderate	Solomon Bros. Strategic Bond Opportunities	%	\$
	Lord Abbett Bond Debenture	%	\$
	MFS Total Return	%	\$
	Black Rock Diversified	%	\$
	Neuberger Berman Real Estate	%	\$
Moderate to Aggressive	American Funds Growth-Income	%	\$
	Davis Venture Value	%	\$
	FI Value Leaders	%	\$
	Harris Oakmark Large Cap Value	%	\$
	Black Rock Large Cap Value	%	\$
	MetLife Stock Index	%	\$
	MFS Investors Trust	%	\$
	Black Rock Investment Trust	%	\$
	American Funds Growth	%	\$
	Janus Aggressive Growth	%	\$
	Jennison Growth	%	\$
	Black Rock Legacy Cap Growth	%	\$
	T. Rowe Price Large Cap Growth	%	\$
	Harris Oakmark Focused Value	%	\$
	Neuberger Berman Mid Cap Value	%	\$
FI Mid Cap Opportunities	%	\$	
Met/ AIM Mid Cap Core Equity	%	\$	
MetLife Mid Cap Stock Index	%	\$	
Oppenheimer Capital Appreciation	%	\$	

Continued on Page 2

Aggressive	Black Rock Aggressive Growth	%	\$
	T. Rowe Price Mid Cap Growth	%	\$
	Black Rock Strategic Value	%	\$
	Loomis Sayles Small Cap	%	\$
	Russell 2000 Index	%	\$
	Franklin Templeton Small Cap Growth	%	\$
	Met/AIM Small Cap Growth	%	\$
	T. Rowe Price Small Cap Growth	%	\$
	Oppenheimer Global Equity	%	\$
	FI International Stock	%	\$
	Harris Oakmark International	%	\$
	MFS Research International	%	\$
	Morgan Stanley EAFE Index	%	\$
	RCM Global Technology	%	\$
	American Funds Global Small Capitalization	%	\$
Allocation Funds	MetLife Conservative Allocation	%	\$
	MetLife Conservative to Moderate Allocation	%	\$
	MetLife Moderate Allocation	%	\$
	MetLife Moderate to Aggressive Allocation	%	\$
	MetLife Aggressive Allocation	%	\$
TOTAL:		%	\$

Please enter any dollar(s) and percentage(s) in WHOLE numbers only (e.g. \$1 not \$1.25 and 33% not 33 1/3%).

3. Withholding Election

Income Tax Information and Withdrawal Election –

- MetLife is required to withhold 10 percent of the taxable portion of any distribution for Federal Income tax **unless you elect *not* to have tax withheld.**
- Even if you elect not to have Federal income tax withheld, you are liable for any tax on the withdrawal. You may also be subject to tax penalties under estimate tax rules if the withholding amounts or estimate tax payments are not sufficient.
- Some states require us to withhold state income tax when we withhold Federal income tax.
- Taxable withdrawals made before age 59 ½ may be subject to a 10 percent penalty tax (in addition to ordinary income tax) unless the distribution meets a specific exception.
- Withdrawals of amounts attributable to a taxable conversion to a Roth IRA, within five years from the conversion, may be subject to penalty taxes, if you are under age 59 ½ unless the distribution meets specific exceptions.

Be sure to make your election here:

NO, do *not* withhold any amount for income taxes.

YES, withhold Federal income tax at the rate of 10 percent and any state tax where required.

4. Member Signature

Member's Signature	Date Signed	GEBA Authorized Signature	Date Signed